



Discover the Buddha: 53 Meditations to Meet the Buddha Within (Mixed media product)

By Osho, Osho International Foundation

Osho International, United States, 2009. Mixed media product. Book Condition: New. 147 x 99 mm. Language: English . Brand New Book. Osho describes Gautama Buddha as the greatest breakthrough in the evolution of human consciousness because his discovery of meditation shifted the focus away from praying to a god toward meditation; toward becoming alert to the potential of each human being for godliness. The 52 cards in this deck together comprise a thoughtful guide to understanding the Buddha's important contribution to human enlightenment. Each card contains a sutra, a commentary by Osho, and a beautiful image of a Buddha statue. Readers can first enjoy the words as poetry and allow them to evoke an intuitive, emotional response; they can then read Osho's corresponding entry in the book to create meaning. A 53rd card, called Sammasati, represents the last word spoken by the Buddha and an inspiring reminder of the reader's own buddhahood. Individual sutras include Only Love Dispels Hate; Beyond Judgments; Neither Praise Nor Blame; Conquer Yourself; Beyond Sorrow; Awake Forever; and The Shining Way.



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Reviews

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