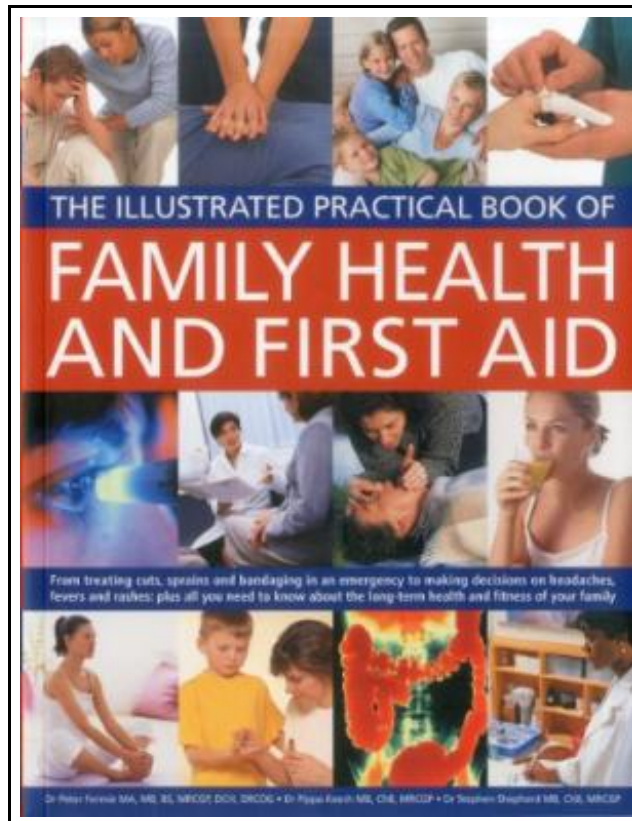


# Family Health and First Aid: From Treating Cuts, Sprains and Bandaging in an Emergency to Making Decisions on Headaches, Fevers and Rashes: Plus All You Need to Know About the Long-term Health and



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## **Reviews**

*I just began reading this pdf. It is actually written in straightforward words instead of hard to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.*  
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## **FAMILY HEALTH AND FIRST AID: FROM TREATING CUTS, SPRAINS AND BANDAGING IN AN EMERGENCY TO MAKING DECISIONS ON HEADACHES, FEVERS AND RASHES: PLUS ALL YOU NEED TO KNOW ABOUT THE LONG-TERM HEALTH AND**


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Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Family Health and First Aid: From Treating Cuts, Sprains and Bandaging in an Emergency to Making Decisions on Headaches, Fevers and Rashes: Plus All You Need to Know About the Long-term Health and Fitness of Your Family, Peter Fermie, Pippa Keech, Stephen Shepherd, This title includes information from treating cuts, sprains and bandaging in an emergency to making decisions on headaches, fevers and rashes: plus all you need to know about the long-term health and fitness of your family. This title is packed with over 1100 photographs, artworks, diagrams and illustrations, all in colour, specially commissioned to teach essential first-aid techniques and to show symptoms clearly. It provides information on how to cope and care in an emergency - from splints, simple bandages and slings to resuscitation and life-saving technique, all shown step-by-step. It tackles the health issues that will affect your family all the way through their lives. It provides quick-reference boxes that identify the most obvious symptoms of an illness, while the text analyses possible diagnoses and appropriate responses. The first half of the book is packed with a wide range of information on every aspect of first aid and life saving, with special sections on babies and toddlers; outdoor safety and travel; and, planning a safe and secure home. Informative flow charts, symptom lists and warning boxes are featured, and background information explains how to stay healthy and prevent accidents. In the second half of the book hundreds of medical conditions are examined, discussed and diagnosed. Practical and jargon-free advice is given on every type of illness, from everyday complaints such as colds, headaches and fatigue, through to serious conditions including strokes, kidney stones and Parkinson's Disease.

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