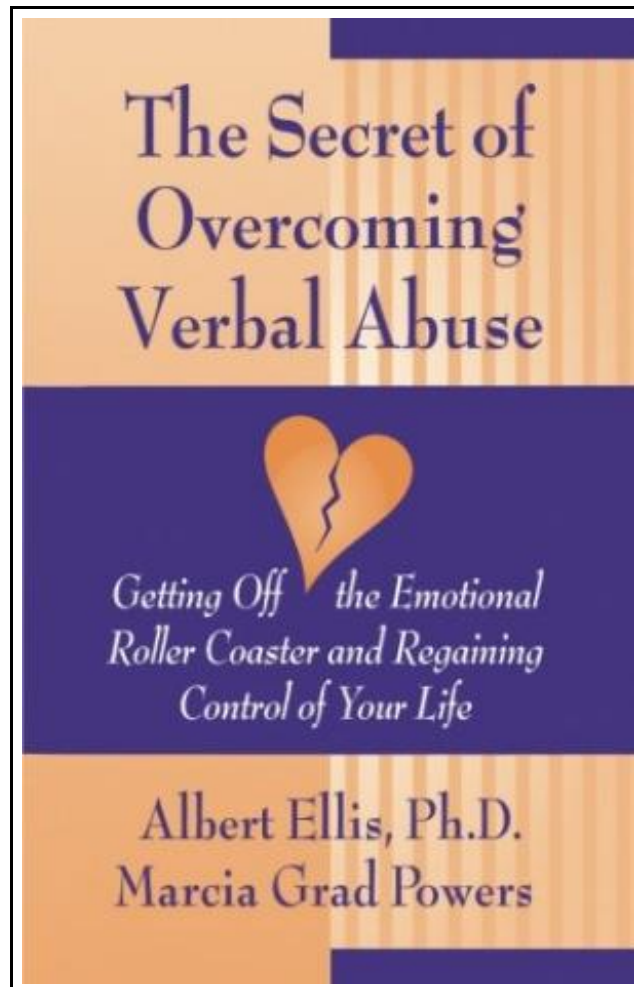


# The Secret of Overcoming Verbal Abuse: Getting Off the Emotional Roller Coaster and Regaining Control of Your Life



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*(Dr. Irma Welch)*

## THE SECRET OF OVERCOMING VERBAL ABUSE: GETTING OFF THE EMOTIONAL ROLLER COASTER AND REGAINING CONTROL OF YOUR LIFE



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